

CLASSIC BENCH PRESS - Qualifiers for SA Champs 2026

Name	Province	Age Cat	Weight Cat	YOB	Y	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
S. Adams	WC	F-O-U	52	1988				X					47,5	Defending Champion - SA Classic Bench 2025
Giulia Muto	G	F-O-U	57	1987				X					77,5	Defending Champion - SA Classic Bench 2025
S. Adams	WC	F-O-U	57	1988				X					50,0	WC Classic Bench 2026
Liane Bakkes	EC	F-SJ-U	57			X							45,0	EC Classic Bench 2026
Antoinette Kriel	G	F-O-U	63	1971				X					85,0	Gauteng Classic Bench Press 2026
Antoinette Kriel	G	F-M2-U	63	1971						X			85,0	Gauteng Classic Bench Press 2026
Alex Mundell	G	F-O-U	63	1999				X					77,5	Defending Champion - SA Classic Bench 2025
Madelaine Posthumus	G	F-O-U	63	1970				X					50,0	Gauteng Classic Bench Press 2026
Madelaine Posthumus	G	F-M2-U	63	1970						X			50,0	Gauteng Classic Bench Press 2026
Erin Paine	WC	F-J-U	69	2004			X						80,0	Defending Champion - SA Classic Bench 2025
Kristl Kannemeyer	WC	F-O-U	69					X					80,0	WC Classic Bench 2026
Kristl Kannemeyer	WC	F-M1-U	69						X				80,0	WC Classic Bench 2026
Gail Mathewson	G	F-O-U	69	1969				X					65,0	Gauteng Classic Bench Press 2026
Gail Mathewson	G	F-M2-U	69	1969						X			65,0	Gauteng Classic Bench Press 2026
Gail Mathewson	G	F-M2-U	69	1969						X			62,5	Defending Champion - SA Classic Bench 2025
Chante Mulder	EC	F-J-U	69				X						62,5	EC Classic Bench 2026
Lize-Mari de Beer	G	F-O-U	76	2000				X					62,5	Defending Champion - SA Classic Bench 2025
Linda Rubin	G	F-M3-U	76	1964							X		42,5	Defending Champion - SA Classic Bench 2025
Shameemah Bull	G	F-O-U	84	1997				X					92,5	Gauteng Classic Bench Press 2026
Shoneez Fischer	G	F-O-U	84	1988				X					75,0	Defending Champion - SA Classic Bench 2025
Lize-Mari de Beer	G	F-O-U	84	2000				X					62,5	NW Classic Bench 2026
Clarissa Gallant	EC	F-SJ-U	84			X							60,0	EC Classic Bench 2026
Megan Wright	G	F-O-U	84+	2000				X					112,5	Gauteng Classic Bench Press 2026
Olivia Perotti	G	F-O-U	84+	1989				X					107,5	Defending Champion - SA Classic Bench 2025
Christi Rees	WC	F-O-U	84+	1986				X					97,5	Gauteng Classic Bench Press 2026
Christi Rees	WC	F-M1-U	84+	1986					X				97,5	Gauteng Classic Bench Press 2026
Ilse Jaquire	G	F-O-U	84+	1986				X					95,0	Gauteng Classic Bench Press 2026
Ilse Jaquire	G	F-M1-U	84+	1986					X				95,0	Gauteng Classic Bench Press 2026
Lauren Jones	G	F-O-U	84+	1977				X					90,0	Gauteng Classic Bench Press 2026
Lauren Jones	G	F-M1-U	84+	1977					X				90,0	Gauteng Classic Bench Press 2026
Robyn Gilfillan	G	F-O-U	84+	1978				X					70,0	Gauteng Classic Bench Press 2026
Robyn Gilfillan	G	F-M1-U	84+	1978					X				70,0	Gauteng Classic Bench Press 2026
Abigaill Doyle	EC	F-SJ-U	84+	2010		X							65,0	Defending Champion - SA Classic Bench 2025
Abigaill Doyle	EC	F-SJ-U	84+	2010		X							62,5	EC Classic Bench 2026

CLASSIC BENCH PRESS - Qualifiers for SA Champs 2026

Name	Province	Age Cat	Weight Cat	YOB	Y	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Samuel Meshilinie	EC	M-J-U	59				X						92,5	EC Classic Bench 2026
Simon Sibanyoni	Gau	M-J-U	59	2005			X						72,5	Gauteng Classic Bench 2026
Raydon Damons	EC	M-M3-U	59			X							70,0	EC Classic Bench 2026
Caneous Mdluli	G	M-O-U	66	2000				X					127,5	Defending Champion - SA Classic Bench 2025
Luke Hall	G	M-J-U	66	2006			X						115,0	Defending Champion - SA Classic Bench 2025
Steve Coleman	G	M-M1-U	66	1979					X				115,0	Defending Champion - SA Classic Bench 2025
Steven Coleman	Gau	M-O-U	66	1979				X					105,0	Gauteng Classic Bench 2026
Steven Coleman	Gau	M-M1-U	66	1979					X				105,0	Gauteng Classic Bench 2026
Ruben Roodt	Gau	M-SJ-U	66	2010		X							95,0	Gauteng Classic Bench 2026
Ruben Roodt	Gau	M-O-U	66	2010				X					95,0	Gauteng Classic Bench 2026
Alan de Beer	EC	M-SJ-U	66	2009		X							85,0	Defending Champion - SA Classic Bench 2025
JC Bruce	WC	M-M3-U	66	1961							X		80,0	Defending Champion - SA Classic Bench 2025
Werner Smit	WC	M-O-U	74	1995				X					142,5	WC Classic Bench 2026
Werner Smit	WC	M-O-U	74	1995				X					135,0	Defending Champion - SA Classic Bench 2025
Reece Livingston	Gau	M-J-U	74	2004			X						135,0	Gauteng Classic Bench 2026
Reece Livingston	Gau	M-O-U	74	2004				X					135,0	Gauteng Classic Bench 2026
Gerlo Pieters	Gau	M-O-U	74	2004				X					130,0	Gauteng Classic Bench 2026
Gerlo Pieters	G	M-J-U	74	2004			X						120,0	Defending Champion - SA Classic Bench 2025
Glen van der Linde	G	M-M2-U	74	1971						X			117,5	Defending Champion - SA Classic Bench 2025
Leon Naidoo	EC	M-SJ-U	74			X							117,0	EC Classic Bench 2026
James Mc Ilree	Gau	M-O-U	74	2000				X					115,0	Gauteng Classic Bench 2026
Alan de Beer	EC	M-SJ-U	74			X							112,5	EC Classic Bench 2026
Kyle Joosten	EC	M-SJ-U	74			X							112,5	EC Classic Bench 2026
Yaniv Lacob	Gau	M-O-U	74	1974				X					112,5	Gauteng Classic Bench 2026
Yaniv Lacob	Gau	M-M2-U	74	1974						X			112,5	Gauteng Classic Bench 2026
Shazly Savahl	WC	M-M2-U	74							X			102,5	WC Classic Bench 2026
Ryno Theron	KZN	M-M1-U	74	1983					X				100,0	KZN Classic Bench 2026
Kuaan van Tonder	Gau	M-SJ-U	74	2010		X							90,0	Gauteng Classic Bench 2026
Luke Joosten	EC	M-SJ-U	74			X							82,5	EC Classic Bench 2026
Petrus Vermaak	WC	M-M4-U	74									X	70,0	WC Classic Bench 2026
Chad Govington	G	M-O-U	83	1985				X					165,5	Defending Champion - SA Classic Bench 2025
Chad Govington	G	M-M1-U	83	1985					X				165,5	Defending Champion - SA Classic Bench 2025
Tshepiso Masiza	NW	M-J-U	83	2005			X						150,0	Defending Champion - SA Classic Bench 2025
Tshepiso Masiza	NW	M-J-U	83	2005			X						150,0	NW Classic Bench 2026
Tommie de Nysschen	NC	M-M3-U	83	1963							X		145,0	Defending Champion - SA Classic Bench 2025
Taai Moodley	Gau	M-J-U	83	2006			X						142,5	Gauteng Classic Bench 2026
Taai Moodley	Gau	M-O-U	83	2006				X					142,5	Gauteng Classic Bench 2026
Purab Shri Macchi	Gau	M-J-U	83	2006			X						140,0	Gauteng Classic Bench 2026
Purab Shri Macchi	Gau	M-O-U	83	2006				X					140,0	Gauteng Classic Bench 2026
Ricardo Fitzpatrick	Gau	M-O-U	83	1980				X					135,0	Gauteng Classic Bench 2026
Ricardo Fitzpatrick	NC	M-M1-U	83	1980					X				135,0	Gauteng Classic Bench 2026
Chris Botha	WC	M-SJ-U	83	2010		X							120,0	Gauteng Classic Bench 2026
Chris Botha	WC	M-O-U	83	2010				X					120,0	Gauteng Classic Bench 2026

Classic Bench Press qualifiers

Ben Paine	WC	M-M2-U	83	1967						X			115,0	Defending Champion - SA Classic Bench 2025
Vincent Davies	EC	M-J-U	83				X						115,0	EC Classic Bench 2026
Juan Janse van Rensburg	WC	M-J-U	83				X						115,0	WC Classic Bench 2026
Igsaan Stephens	WC	M-O-U	83					X					107,5	WC Classic Bench 2026
Henre van der Berg	EC	M-SJ-U	83			X							105,0	EC Classic Bench 2026
Livo Sitatu	EC	M-SJ-U	83			X							105,0	EC Classic Bench 2026
Richard Boys	Gau	M-M2-U	83	1969						X			95,0	Gauteng Classic Bench 2026
Dan Oppenheim	G	M-M4-U	83	1945								X	85,0	Defending Champion - SA Classic Bench 2025
Dante de Beer	EC	M-Youth-U	83		X								60,0	EC Classic Bench 2026
Gian Havemann	G	M-O-U	93	2000				X					190,0	NW Classic Bench 2026
Gian Havemann	Gau	M-O-U	93	2000				X					190,0	Gauteng Classic Bench 2026
Leon Mwandiringa	G	M-O-U	93	1993				X					170,0	Defending Champion - SA Classic Bench 2025
David Jacobsz	G	M-M1-U	93	1981					X				165,0	Defending Champion - SA Classic Bench 2025
Chadwyn Govington	Gau	M-O-U	93	1985				X					165,0	Gauteng Classic Bench 2026
Chadwyn Govington	Gau	M-M1-U	93	1985					X				165,0	Gauteng Classic Bench 2026
Johnny Dam	G	M-M2-U	93	1969						X			157,5	Defending Champion - SA Classic Bench 2025
Archie Ayekpa	Gau	M-O-U	93	1985				X					155,0	Gauteng Classic Bench 2026
Archie Ayekpa	Gau	M-M1-U	93	1985						X			155,0	Gauteng Classic Bench 2026
Peter Bester (Jnr)	WC	M-SJ-U	93			X							150,0	WC Classic Bench 2026
Szethyn Fulop	Gau	M-J-U	93	2007			X						145,0	Gauteng Classic Bench 2026
Szethyn Fulop	Gau	M-O-U	93	2007				X					145,0	Gauteng Classic Bench 2026
Ryan Miller	Gau	M-O-U	93	1985				X					140,0	Gauteng Classic Bench 2026
Ryan Miller	Gau	M-M1-U	93	1985						X			140,0	Gauteng Classic Bench 2026
Jerry Botha	Gau	M-O-U	93	1974				X					135,0	Gauteng Classic Bench 2026
Jerry Botha	Gau	M-M2-U	93	1974						X			135,0	Gauteng Classic Bench 2026
Carel Jansen	Gau	M-M2-U	93	1976						X			115,0	Gauteng Classic Bench 2026
Karl-Robert Gloeck	WC	M-M1-U	93						X				107,5	WC Classic Bench 2026
Eric Kobal	G	M-M3-U	93	1958							X		97,5	Defending Champion - SA Classic Bench 2025
Clive Geldenhuys	EC	M-M3-U	93								X		75,0	EC Classic Bench 2026
Daniel Duke	G	M-O-U	105	2000				X					206,0	Defending Champion - SA Classic Bench 2025
Nkosinathi Ntuli	Gau	M-O-U	105	1997				X					160,0	Gauteng Classic Bench 2026
Cheyne Rahme	Gau	M-O-U	105	1991				X					152,5	Gauteng Classic Bench 2026
Lelethu Shongwe	Gau	M-O-U	105	1991				X					147,5	Gauteng Classic Bench 2026
Ernst Britz	G	M-SJ-U	105	2009		X							107,5	Defending Champion - SA Classic Bench 2025
Karel Britz	Gau	M-SJ-U	105	2007		X							107,5	Gauteng Classic Bench 2026
Nicholas Ingel	G	M-M2-U	105	1971						X			105,0	Defending Champion - SA Classic Bench 2025
Colin Young	WC	M-M3-U	105								X		105,0	WC Classic Bench 2026
Patrick Mundell	Gau	M-M3-U	105	1959							X		90,0	Gauteng Classic Bench 2026
Tony Mudau	G	M-O-U	120	1981				X					180,0	Defending Champion - SA Classic Bench 2025
Tony Mudau	G	M-M1-U	120	1981					X				180,0	Defending Champion - SA Classic Bench 2025
Haroun Pietersen	Gau	M-O-U	120	1987				X					172,5	Gauteng Classic Bench 2026
Diego Bovey	WC	M-J-U	120				X						165,0	WC Classic Bench 2026
Troy Deyzel	Gau	M-J-U	120	2005			X						165,0	Gauteng Classic Bench 2026
Troy Deyzel	Gau	M-O-U	120	2005				X					165,0	Gauteng Classic Bench 2026
Hermanus de Beer	G	M-M2-U	120	1970						X			150,0	Defending Champion - SA Classic Bench 2025
Arne Botes	G	M-J-U	120	2006			X						145,0	Defending Champion - SA Classic Bench 2025
Arne Botes	Gau	M-J-U	120	2006			X						130,0	Gauteng Classic Bench 2026

Classic Bench Press qualifiers

Ernst Britz	Gau	M-SJ-U	120	2009		X							117,5	Gauteng Classic Bench 2026
André Ludik	EC	M-M3-U	120	1957							X		82,5	EC Classic Bench 2026
Stefan Schroder	G	M-O-U	120+	1992				X					215,0	Defending Champion - SA Classic Bench 2025
Peter Bester (Snr)	WC	M-O-U	120+					X					200,0	WC Classic Bench 2026
Ian Furman	Gau	M-O-U	120+	1967				X					185,0	Gauteng Classic Bench 2026
Ian Furman	Gau	M-M2-U	120+	1967						X			185,0	Gauteng Classic Bench 2026
Juan Meyer	Gau	M-O-U	120+	1972				X					182,5	Gauteng Classic Bench 2026
Juan Meyer	Gau	M-M2-U	120+	1972						X			182,5	Gauteng Classic Bench 2026
Stanford Thompson	Gau	M-O-U	120+	2002				X					180,0	Gauteng Classic Bench 2026
John Crain	G	M-M2-U	120+	1969						X			177,5	Defending Champion - SA Classic Bench 2025
Steven le Roux	G	M-M1-U	120+	1981					X				170,0	Defending Champion - SA Classic Bench 2025
Hermanus De Beer	Gau	M-O-U	120+	1970				X					157,5	Gauteng Classic Bench 2026
Hermanus De Beer	Gau	M-M2-U	120+	1970						X			157,5	Gauteng Classic Bench 2026
Hermanus de Beer	G	M-O-U	120+	1970				X					155,0	NW Classic Bench 2026
Hermanus de Beer	G	M-M2-U	120+	1970						X			155,0	NW Classic Bench 2026
Jordan Fine	Gau	M-SJ-U	120+	2008		X							150,0	Gauteng Classic Bench 2026
Jordan Fine	Gau	M-O-U	120+	2008				X					150,0	Gauteng Classic Bench 2026
Mike Cooper	WC	M-M4-U	120+									X	120,0	WC Classic Bench 2026

Equipped Bench Press qualifiers

EQUIPPED BENCH PRESS - Qualifiers for SA Champs 2026

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Elisabeth Barry	EC	F-M2	52	1973					X			45,0	EC Equipped Bench 2026
Meg Leighton	G	F-O	63	1996			X					115,5	Defending Champion - SA Equipped Bench 2025
Carol Anthony	G	F-M3	63	1966						X		55,0	Gauteng Equipped Bench 2026
Chante Mulder	EC	F-J	69	2006		X						90,0	Defending Champion - SA Equipped Bench 2025
Chante Mulder	EC	F-J	69	2006		X						80,0	EC Equipped Bench 2026
Heather Leighton	G	F-M3	69	1964						X		70,0	Defending Champion - SA Equipped Bench 2025
Chantelle du Toit	G	F-M1	76	1985				X				104,0	Defending Champion - SA Equipped Bench 2025
Lize-Mari de Beer	G	F-O	76	2000			X					77,5	Defending Champion - SA Equipped Bench 2025
Kobie Mellet	EC	F-SJ	76		X							60,0	EC Equipped Bench 2026
Ilze-Mari Maritz	EC	F-O	84	1988			X					85,0	Defending Champion - SA Equipped Bench 2025
Christi Rees	WC	F-O	84+	1986			X					177,5	Defending Champion - SA Equipped Bench 2025
Christi Rees	WC	F-O	84+	1986			X					95,0	Gauteng Equipped Bench 2026
Christi Rees	WC	F-M1	84+	1986				X				95,0	Gauteng Equipped Bench 2026

EQUIPPED BENCH PRESS - Qualifiers for SA Champs 2026

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Steven Coleman	G	M-O	66	1979			X					117,5	Gauteng Equipped Bench 2026
Steven Coleman	G	M-M1	66	1979				X				117,5	Gauteng Equipped Bench 2026
JC Bruce	WC	M-M3	66	1961						X		90,0	Defending Champion - SA Equipped Bench 2025
Marcel Vorster	G	M-O	74	1994			X					190,0	Defending Champion - SA Equipped Bench 2025
Alan de Beer	EC	M-SJ	74		X							125,0	EC Equipped Bench 2026
Ryno Theron	KZN	M-M1	74	1983				X				120,0	KZN Equipped Bench 2026
Shazly Savahl	WC	M-M2	74	1973					X			102,5	WC Equipped Bench 2026
JC Bruce	WC	M-M3	74	1961						X		92,5	WC Equipped Bench 2026
Tommie de Nysschen	NC	M-M3	83	1963						X		168,0	Defending Champion - SA Equipped Bench 2025
Ricardo Fitzpatrick	NC	M-O	83	1980			X					150	Gauteng Equipped Bench 2026
Ricardo Fitzpatrick	G	M-M1	83	1980				X				150	Gauteng Equipped Bench 2026
Carel Jansen	G	M-M1	83	1976				X				125,0	Defending Champion - SA Equipped Bench 2025
Shazly Savahl	WC	M-M2	83	1973					X			100,0	Defending Champion - SA Equipped Bench 2025
Dan Oppenheim	G	M-M4	83	1945							X	100,0	Defending Champion - SA Equipped Bench 2025
Johnny Dam	G	M-O	93	1969			X					192,0	Defending Champion - SA Equipped Bench 2025
Johnny Dam	G	M-M2	93	1969					X			192,0	Defending Champion - SA Equipped Bench 2025
Carel Jansen	G	M-O	93	1976			X					147,5	Gauteng Equipped Bench 2026
Carel Jansen	G	M-M2	93	1976					X			147,5	Gauteng Equipped Bench 2026
Clive Geldenhuys	EC	M-M3	93							X		75,0	EC Equipped Bench 2026
Derik Van Wyk	G	M-O	105	1986			X					170	Gauteng Equipped Bench 2026
Derik Van Wyk	G	M-M1	105	1986				X				170	Gauteng Equipped Bench 2026
Karel Britz	G	M-SJ	105	2007	X							120	Gauteng Equipped Bench 2026
Haroun Pietersen	G	M-O	120	1987			X					222,5	Defending Champion - SA Equipped Bench 2025
Hermanus de Beer	G	M-M2	120	1970					X			180,0	Defending Champion - SA Equipped Bench 2025

Equipped Bench Press qualifiers

Sean Britz	G	M-J	120	2003		X						180	Gauteng Equipped Bench 2026
Sean Britz	G	M-O	120	2003			X					180	Gauteng Equipped Bench 2026
Haroun Pietersen	G	M-O	120	1987			X					172,5	Gauteng Equipped Bench 2026
Ernst Britz	G	M-SJ	120	2009	X							140	Gauteng Equipped Bench 2026
Andre Ludik	EC	M-M3	120	1957						X		100,0	Defending Champion - SA Equipped Bench 2025
Andre Ludik	EC	M-M3	120	1957						X		82,5	EC Equipped Bench 2026
Simon Breetzke	KZN	M-O	120+	1978			X					255	Gauteng Equipped Bench 2026
Simon Breetzke	KZN	M-M1	120+	1978				X				255	Gauteng Equipped Bench 2026
John Crain	G	M-M2	120+	1969					X			225,0	Defending Champion - SA Equipped Bench 2025
Ian Furman	G	M-O	120+	1967			X					187,5	Gauteng Equipped Bench 2026
Ian Furman	G	M-M2	120+	1967					X			187,5	Gauteng Equipped Bench 2026
Hermanus De Beer	G	M-O	120+	1970			X					180	Gauteng Equipped Bench 2026
Hermanus De Beer	G	M-M2	120+	1970					X			180	Gauteng Equipped Bench 2026
Hermanus de Beer	G	M-O	120+	1970			X					175,0	Defending Champion - SA Equipped Bench 2025
Hermanus de Beer	G	M-M2	120+	1970					X			175,0	Defending Champion - SA Equipped Bench 2025

EQUIPPED POWERLIFTING - Qualifiers for SA Champs 2025

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Carol Anthony	G	F-O	52	1966			X					285,0	Defending Champion - SA Equipped Powerlifting 2025
Elisabeth Barry	EC	F-M2	52						X			220,0	WC Equipped Powerlifting 2026
Laura de Wet	G	F-M2	63	1974					X			440,0	Defending Champion - SA Equipped Powerlifting 2025
Mijuane de Wet	EC	F-J	63	2006		X						422,5	Defending Champion - SA Equipped Powerlifting 2025
Mijuane de Wet	G	F-O	63	2006			X					422,5	Defending Champion - SA Equipped Powerlifting 2025
Carol Anthony	G	F-O	63	1966			X					285,0	Gauteng Equipped Powerlifting 2026
Carol Anthony	G	F-M3	63	1966						X		285,0	Gauteng Equipped Powerlifting 2026
Chante Mulder	G	F-J	69	2006		X						355,0	Defending Champion - SA Equipped Powerlifting 2025
Heather Leighton	EC	F-M3	69	1964						X		271,0	Defending Champion - SA Equipped Powerlifting 2025
Chantelle du Toit	EC	F-M1	76	1985				X				385,0	Defending Champion - SA Equipped Powerlifting 2025
Lize-Mari De Beer	G	F-O	76	2000			X					315,0	Gauteng Equipped Powerlifting 2026
Lize-Mari de Beer	NW	F-O	76	2000			X					312,5	Defending Champion - SA Equipped Powerlifting 2025
Joanne Cooper	G	F-M3	76	1964						X		182,5	Gauteng Equipped Powerlifting 2026
Monique Slabbert	G	F-O	84	1998			X					330,0	Gauteng Equipped Powerlifting 2026
Christi Rees	WC	F-O	84+	1986			X					390,0	Gauteng Equipped Powerlifting 2026
Christi Rees	WC	F-M1	84+	1986				X				390,0	Gauteng Equipped Powerlifting 2026

EQUIPPED POWERLIFTING - Qualifiers for SA Champs 2025

Name	Province	Age Cat	Weight Cat	YOB	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Riyaad Mahomed	KZN	M-SJ	53	2009	X							347,5	KZN Equipped Powerlifting 2026
Rehaan Mahomed	KZN	M-SJ	59	2009	X							357,5	KZN Equipped Powerlifting 2026
Francois Froneman	EC	M-SJ	59	2008	X							280,0	Defending Champion - SA Equipped Powerlifting 2025
Ruben Roodt	G	M-SJ	66	2010	X							350,0	Gauteng Equipped Powerlifting 2026
Marcel Vorster	G	M-O	74	1994			X					500,0	Gauteng Equipped Powerlifting 2026
Ryno Theron	KZN	M-M1	74	1983				X				490,0	KZN Equipped Powerlifting 2026
Kuaan van Tonder	G	M-SJ	74	2010	X							410,0	Gauteng Equipped Powerlifting 2026
Brandon Loock	EC	M-J	74	2006		X						385,0	Defending Champion - SA Equipped Powerlifting 2025
Chris Botha	WC	M-SJ	83	2010	X							515,0	Gauteng Equipped Powerlifting 2026
Tommy de Nysschen	NC	M-M3	83	1963						X		501,0	Defending Champion - SA Equipped Powerlifting 2025
Dan Oppenheim	G	M-M4	83	1945							X	357,5	Defending Champion - SA Equipped Powerlifting 2025
Howard Rybko	G	M-M4	83	1956							X	315,0	Gauteng Equipped Powerlifting 2026
Carel Jansen	G	M-M2	93	1976					X			510,0	Gauteng Equipped Powerlifting 2026
Haroun Pieterse	G	M-O	105	1987			X					790,0	Defending Champion - SA Equipped Powerlifting 2025
Derik Van Wyk	G	M-O	105	1986			X					610,0	Gauteng Equipped Powerlifting 2026
Derik Van Wyk	G	M-M1	105	1986				X				610,0	Gauteng Equipped Powerlifting 2026
Haroun Pietersen	G	M-O	120	1987			X					760,0	Gauteng Equipped Powerlifting 2026
Derik van Wyk	G	M-O	120	1985			X					752,5	Defending Champion - SA Equipped Powerlifting 2025
Justin Furman	G	M-O	120	2001			X					747,5	Gauteng Equipped Powerlifting 2026
Hermanus de Beer	G	M-M2	120	1970					X			690,5	Defending Champion - SA Equipped Powerlifting 2025
Sean Britz	G	M-J	120	2003		X						620,0	Gauteng Equipped Powerlifting 2026
Ricardo Carzola	G	M-SOI	120	2004		X						287,5	Gauteng Equipped Powerlifting 2026

Equipped Powerlifting qualifiers

Simon Breetzke	G	M-M1	120+	1978				X				735,0	Defending Champion - SA Equipped Powerlifting 2025
John Crain	G	M-M2	120+	1969					X			720,0	Defending Champion - SA Equipped Powerlifting 2025
Hermanus De Beer	G	M-O	120+	1970			X					675,0	Gauteng Equipped Powerlifting 2026
Hermanus De Beer	G	M-M2	120+	1970					X			675,0	Gauteng Equipped Powerlifting 2026
Warren Bakos	G	M-M2	120+	1972					X			465,0	Gauteng Equipped Powerlifting 2026

CLASSIC POWERLIFTING - Qualifiers for SA Champs 2026

Name	Province	Age Cat	Weight Cat	YOB	Youth	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Natasha Thomas	G	F-O-U	47	2000				X					192,5	Defending Champion - SA Classic Powerlifting 2025
Alexa Pentopoulos	G	F-O-U	52	1994				X					335,0	Defending Champion - SA Classic Powerlifting 2025
Farzana Botha	G	F-M1-U	52	1985					X				327,5	Defending Champion - SA Classic Powerlifting 2025
Sandhya Carragher	G	F-O-U	52	1982				X					302,5	Gauteng Classic Powerlifting 2026
Sandhya Carragher	G	F-M1-U	52	1982					X				302,5	Gauteng Classic Powerlifting 2026
Grace Roberts	WC	F-J-U	52				X						270,0	WC Classic Powerlifting 2026
Alicia De Lange	WC	F-O-U	52					X					267,5	WC Classic Powerlifting 2026
Nabeelah Davids	WC	F-O-U	52					X					265,0	WC Classic Powerlifting 2026
Vanessa Schlebush	KZN	F-M2-U	52	1970						X			247,5	KZN Classic Powerlifting 2026
Denise Govender	G	F-O-U	52	1988				X					240,0	Gauteng Classic Powerlifting 2026
Elisabeth Barry	EC	F-M2-U	52	1973						X			220,0	Defending Champion - SA Classic Powerlifting 2025
Antoinette Kriel	G	F-M2-U	57	1971						X			377,5	Defending Champion - SA Classic Powerlifting 2025
Antoinette Kriel	G	F-O-U	57	1971				X					377,5	Defending Champion - SA Classic Powerlifting 2025
Norma Thipe	G	F-O-U	57	1989				X					327,5	Gauteng Classic Powerlifting 2026
Katlego Mothapo	G	F-O-U	57	1987				X					310,0	Gauteng Classic Powerlifting 2026
Giovanna Winetzki Pather	G	F-O-U	57	1992				X					287,5	Gauteng Classic Powerlifting 2026
Shelby van Tonder	G	F-O-U	57	1997				X					285,0	Gauteng Classic Powerlifting 2026
Farzana Botha	G	F-O-U	57					X					280,0	WC Classic Powerlifting 2026
Farzana Botha	WC	F-M1-U	57						X				280,0	WC Classic Powerlifting 2026
Mandy Hall	WC	F-O-U	57					X					277,5	WC Classic Powerlifting 2026
Surina Devnarain	G	F-J-U	57	2004			X						252,5	Gauteng Classic Powerlifting 2026
Surina Devnarain	G	F-O-U	57	2004				X					252,5	Gauteng Classic Powerlifting 2026
Joanna Ridgard	G	F-J-U	57	2007			X						240,0	Gauteng Classic Powerlifting 2026
Joanna Ridgard	G	F-O-U	57	2007				X					240,0	Gauteng Classic Powerlifting 2026
Leigh-Ann Diedloff	G	F-O-U	57	1975				X					230,0	Gauteng Classic Powerlifting 2026
Leigh-Ann Diedloff	G	F-M2-U	57	1975						X			230,0	Gauteng Classic Powerlifting 2026
Karamyn Naicker	G	F-SJ-U	57	2009		X							207,5	Gauteng Classic Powerlifting 2026
Karamyn Naicker	G	F-O-U	57	2009				X					207,5	Gauteng Classic Powerlifting 2026
Dulcie Jean Duguid	WC	F-M4-U	57									X	205,0	WC Classic Powerlifting 2026
Nina Denner	G	F-SJ-U	57	2011		X							190,0	Gauteng Classic Powerlifting 2026
Mijuane De Wet	G	F-J-U	63	2006			X						410,5	Defending Champion - SA Classic Powerlifting 2025
Mijuane De Wet	G	F-O-U	63	2006				X					410,5	Defending Champion - SA Classic Powerlifting 2025
Mijuane De Wet	G	F-J-U	63	2006			X						395,0	Gauteng Classic Powerlifting 2026
Mijuane De Wet	G	F-O-U	63	2006				X					395,0	Gauteng Classic Powerlifting 2026
Nandi King	G	F-O-U	63	1998				X					362,5	Gauteng Classic Powerlifting 2026
Sorah Garber	KZN	F-M1-U	63	1981					X				360,0	Defending Champion - SA Classic Powerlifting 2025
Megan Leighton	G	F-O-U	63	1996				X					350,0	Gauteng Classic Powerlifting 2026
Rosan Van Wyngaard	WC	F-O-U	63					X					342,5	WC Classic Powerlifting 2026
Miriam Ribeiro	G	F-O-U	63	2001				X					327,5	Gauteng Classic Powerlifting 2026
Natanya Rossouw	WC	F-J-U	63				X						325,0	WC Classic Powerlifting 2026
Lisa Basson	G	F-O-U	63	1984				X					320,0	Gauteng Classic Powerlifting 2026
Lisa Basson	G	F-M1-U	63	1984					X				320,0	Gauteng Classic Powerlifting 2026
Camille Korkie	WC	F-O-U	63					X					300,0	WC Classic Powerlifting 2026
Julanka Taylor	G	F-O-U	63	1989				X					300,0	Gauteng Classic Powerlifting 2026
Luca du Toit	G	F-O-U	63	2000				X					290,0	Gauteng Classic Powerlifting 2026
Mia Breytenbach	KZN	F-SJ-U	63	2009		X							262,5	KZN Classic Powerlifting 2026
Madelaine Posthumus	G	F-M2-U	63	1970						X			260,0	Defending Champion - SA Classic Powerlifting 2025

Classic Powerlifting qualifiers

Jess Van zyl	G	F-O-U	63	1982				X					247,5	Gauteng Classic Powerlifting 2026
Jess Van zyl	G	F-M1-U	63	1982					X				247,5	Gauteng Classic Powerlifting 2026
Devorah Eilim	G	F-J-U	63	2006			X						242,5	Gauteng Classic Powerlifting 2026
Devorah Eilim	G	F-O-U	63	2006				X					242,5	Gauteng Classic Powerlifting 2026
Charne Herman	G	F-SJ-U	63	2009		X							220,0	Defending Champion - SA Classic Powerlifting 2025
Persais Serge	G	F-Y-U	63	2015	X								177,5	Gauteng Classic Powerlifting 2026
Sasha Gadney	G	F-O-U	69	1995				X					465,0	Defending Champion - SA Classic Powerlifting 2025
Charnleigh Kotzé	EC	F-J-U	69	2004			X						425,0	Defending Champion - SA Classic Powerlifting 2025
Lindiwe Mchunu	KZN	F-O-U	69	1990				X					405,0	KZN Classic Powerlifting 2026
Astrid Schwarz	WC	F-M1-U	69	1984					X				383,0	Defending Champion - SA Classic Powerlifting 2025
Sorah Garber	KZN	F-O-U	69	1981				X					380,0	KZN Classic Powerlifting 2026
Sorah Garber	KZN	F-M1-U	69	1981					X				380,0	KZN Classic Powerlifting 2026
Nicole Hasell	G	F-O-U	69	2001				X					375,0	Gauteng Classic Powerlifting 2026
Laura De Wet	G	F-O-U	69	1974				X					365,0	Gauteng Classic Powerlifting 2026
Laura De Wet	G	F-M2-U	69	1974						X			365,0	Gauteng Classic Powerlifting 2026
Gila Smith	G	F-SJ-U	69	2009		X							357,5	Defending Champion - SA Classic Powerlifting 2025
Tamsin Watcham	WC	F-J-U	69				X						352,5	WC Classic Powerlifting 2026
Amanda Kobus	KZN	F-M1-U	69	1983					X				345,0	KZN Classic Powerlifting 2026
Lerato Mabalane	G	F-J-U	69	2004			X						345,0	Gauteng Classic Powerlifting 2026
Lerato Mabalane	G	F-O-U	69	2004				X					345,0	Gauteng Classic Powerlifting 2026
Gaia Mottalini	G	F-J-U	69	2004			X						340,0	Gauteng Classic Powerlifting 2026
Gaia Mottalini	G	F-O-U	69	2004				X					340,0	Gauteng Classic Powerlifting 2026
Kristl Kannemeyer	WC	F-O-U	69					X					320,0	WC Classic Powerlifting 2026
Kristl Kannemeyer	WC	F-M1-U	69						X				320,0	WC Classic Powerlifting 2026
Laura Traver-de Sousa	G	F-O-U	69	1985				X					307,5	Gauteng Classic Powerlifting 2026
Laura Traver-de Sousa	G	F-M1-U	69	1985					X				307,5	Gauteng Classic Powerlifting 2026
Nicolene Coetzee	G	F-O-U	69	2002				X					300,0	Gauteng Classic Powerlifting 2026
Sonet Pretorius	G	F-O-U	69	1985				X					300,0	Gauteng Classic Powerlifting 2026
Sonet Pretorius	G	F-M1-U	69	1985					X				300,0	Gauteng Classic Powerlifting 2026
Summer Becker	WC	F-SJ-U	69			X							295,0	WC Classic Powerlifting 2026
Ricarda Miller	G	F-O-U	69	1983				X					257,5	Gauteng Classic Powerlifting 2026
Ricarda Miller	G	F-M1-U	69	1983					X				257,5	Gauteng Classic Powerlifting 2026
Amelia Krishna	KZN	F-O-U	69	1992				X					255,0	KZN Classic Powerlifting 2026
Lethabo Manamela	G	F-SJ-U	69	2008		X							230,0	Gauteng Classic Powerlifting 2026
René Esterhuyse	G	F-SJ-U	69	2008		X							210,0	Gauteng Classic Powerlifting 2026
Tapiwanashe Muchena	G	F-SJ-U	69	2011		X							207,5	Gauteng Classic Powerlifting 2026
Milla Janks	G	F-SJ-U	69	2011		X							182,5	Gauteng Classic Powerlifting 2026
Linda Rubin	G	F-M3-U	69	1964							X		173,0	Defending Champion - SA Classic Powerlifting 2025
Pia Marangoni	G	F-M1-U	76	1978					X				403,0	Defending Champion - SA Classic Powerlifting 2025
Pia Marangoni	G	F-O-U	76	1978				X					403,0	Defending Champion - SA Classic Powerlifting 2025
Mo Adejuyigbe	WC	F-O-U	76					X					402,5	WC Classic Powerlifting 2026
Marianka Fourie	G	F-J-U	76	2002			X						380,0	Defending Champion - SA Classic Powerlifting 2025
Shameemah Bull	G	F-O-U	76	1997				X					350,0	Gauteng Classic Powerlifting 2026
Stephanie Jones	WC	F-J-U	76				X						335,0	WC Classic Powerlifting 2026
Bonita Bloem	G	F-O-U	76	1969				X					332,5	Gauteng Classic Powerlifting 2026
Bonita Bloem	G	F-M2-U	76	1969						X			332,5	Gauteng Classic Powerlifting 2026
Bonita Bloem	G	F-M2-U	76	1969						X			322,5	Defending Champion - SA Classic Powerlifting 2025
Lize-Mari de Beer	G	F-O-U	76	2000				X					300,0	Gauteng Classic Powerlifting 2026
Natalie Crofton	G	F-O-U	76	1974				X					270,0	Gauteng Classic Powerlifting 2026
Natalie Crofton	G	F-M2-U	76	1974						X			270,0	Gauteng Classic Powerlifting 2026
Natasha Schaefer	WC	F-O-U	76					X					265,0	WC Classic Powerlifting 2026

Classic Powerlifting qualifiers

Lize Kroon	G	F-O-U	76	1989				X					247,5	Gauteng Classic Powerlifting 2026
Naledi Matlala	G	F-SJ-U	76	2010		X							232,5	Gauteng Classic Powerlifting 2026
Oratile Kowane	G	F-SJ-U	76	2010		X							205,0	Gauteng Classic Powerlifting 2026
Linda Rubin	G	F-M3-U	76	1964							X		195,0	Gauteng Classic Powerlifting 2026
Joanne Cooper	G	F-M3-U	76	1964							X		172,5	Gauteng Classic Powerlifting 2026
Nicole Coopoosamy	WC	F-O-U	84	1993				X					535,0	Defending Champion - SA Classic Powerlifting 2025
Zaba Phakathi	WC	F-O-U	84					X					450,0	WC Classic Powerlifting 2026
Danielle Waldeck	WC	F-O-U	84					X					415,0	WC Classic Powerlifting 2026
Danielle Waldeck	WC	F-M1-U	84						X				415,0	WC Classic Powerlifting 2026
Lisa Stander	WC	F-J-U	84				X						402,5	WC Classic Powerlifting 2026
Lisa Stander	G	F-O-U	84					X					402,5	WC Classic Powerlifting 2026
Aaqilah Fataar	WC	F-O-U	84					X					397,5	WC Classic Powerlifting 2026
V'Leen Serge	G	F-O-U	84	1986				X					397,5	Gauteng Classic Powerlifting 2026
V'Leen Serge	G	F-M1-U	84	1986					X				397,5	Gauteng Classic Powerlifting 2026
Phokwane Moloele	G	F-M1-U	84	1977					X				382,5	Defending Champion - SA Classic Powerlifting 2025
Charlotte Cronje	WC	F-J-U	84				X						382,5	WC Classic Powerlifting 2026
Zanele Ngwenya	G	F-O-U	84	1979				X					340,0	Gauteng Classic Powerlifting 2026
Zanele Ngwenya	G	F-M1-U	84	1979					X				340,0	Gauteng Classic Powerlifting 2026
Fiona Hickman	WC	F-M3-U	84	1965							X		315,0	Defending Champion - SA Classic Powerlifting 2025
Ava Bezuidenhout	G	F-SJ-U	84	2009		X							307,5	Defending Champion - SA Classic Powerlifting 2025
Jodi Poxon	G	F-M2-U	84	1975						X			300,0	Defending Champion - SA Classic Powerlifting 2025
Sonam Singh	G	F-J-U	84	2007			X						272,5	Gauteng Classic Powerlifting 2026
Sonam Singh	G	F-O-U	84	2007				X					272,5	Gauteng Classic Powerlifting 2026
Denise Wilkinson	G	F-M2-U	84	1969						X			252,5	Gauteng Classic Powerlifting 2026
Janine Vaughan	G	F-M2-U	84	1975						X			160,0	Gauteng Classic Powerlifting 2026
Megan Wright	G	F-O-U	84+	2000				X					527,5	Defending Champion - SA Classic Powerlifting 2025
Sihle Madondo	G	F-O-U	84+	1989				X					522,5	Gauteng Classic Powerlifting 2026
Kate Raw	WC	F-O-U	84+					X					415,0	WC Classic Powerlifting 2026
Lauren Jones	G	F-O-U	84+	1977				X					415,0	Gauteng Classic Powerlifting 2026
Lauren Jones	G	F-M1-U	84+	1977					X				415,0	Gauteng Classic Powerlifting 2026
Ilse Jaquire	G	F-O-U	84+	1986				X					407,5	Gauteng Classic Powerlifting 2026
Ilse Jaquire	G	F-M1-U	84+	1986					X				407,5	Gauteng Classic Powerlifting 2026
Lauren Jones	G	F-M1-U	84+	1977					X				405,0	Defending Champion - SA Classic Powerlifting 2025
Simone Van der Merwe	G	F-J-U	84+	2007		X							340,0	Gauteng Classic Powerlifting 2026
Simone Van der Merwe	G	F-O-U	84+	2007				X					340,0	Gauteng Classic Powerlifting 2026
Paulette Preyser	WC	F-M1-U	84+						X				335,0	WC Classic Powerlifting 2026
Robyn Gilfillan	G	F-O-U	84+	1978				X					335,0	Gauteng Classic Powerlifting 2026
Robyn Gilfillan	G	F-M1-U	84+	1978					X				335,0	Gauteng Classic Powerlifting 2026
Buyisile Ngubane	G	F-O-U	84+	1974				X					332,5	Gauteng Classic Powerlifting 2026
Buyisile Ngubane	G	F-M2-U	84+	1974						X			332,5	Gauteng Classic Powerlifting 2026
Louise Fouche	WC	F-M2-U	84+							X			330,0	WC Classic Powerlifting 2026
Nadine Clarke	G	F-O-U	84+	1978				X					330,0	Gauteng Classic Powerlifting 2026
Nadine Clarke	G	F-M1-U	84+	1978					X				330,0	Gauteng Classic Powerlifting 2026
Ava Bezuidenhout	G	F-SJ-U	84+	2009		X							322,5	Gauteng Classic Powerlifting 2026
Ava Bezuidenhout	G	F-O-U	84+	2009				X					322,5	Gauteng Classic Powerlifting 2026
Buyisile Ngubane	G	F-M2-U	84+	1974						X			320,0	Defending Champion - SA Classic Powerlifting 2025
Candice Pieterse	WC	F-M1-U	84+						X				305,0	WC Classic Powerlifting 2026
Chantal Pelser	G	F-O-U	84+	1983				X					302,5	Gauteng Classic Powerlifting 2026
Chantal Pelser	G	F-M1-U	84+	1983					X				302,5	Gauteng Classic Powerlifting 2026
Michele Townsend	G	F-O-U	84+	1976				X					297,5	Gauteng Classic Powerlifting 2026
Michele Townsend	G	F-M2-U	84+	1976						X			297,5	Gauteng Classic Powerlifting 2026

Classic Powerlifting qualifiers

Tsitsi Mpofu	G	F-O-U	84+	1993				X					290,0	Gauteng Classic Powerlifting 2026
Samali Bosa	G	F-M3-U	84+	1961							X		215,0	Gauteng Classic Powerlifting 2026
Ruth Pelser	G	F-M3-U	84+	1964							X		210,0	Gauteng Classic Powerlifting 2026

CLASSIC POWERLIFTING - Qualifiers for SA Champs 2026

Name	Province	Age Cat	Weight Cat	YOB	Youth	SJ	Jun	Open	M1	M2	M3	M4	Qualifying Total	Qualifying Comp
Thabang Seloma	G	M-O-U	53					X					485,5	Defending Champion - SA Classic Powerlifting 2025
Gabriel Chiremba	G	M-SJ-U	53			X							381,0	Defending Champion - SA Classic Powerlifting 2025
Samuel Meshilinie	EC	M-J-U	53				X						330,0	Defending Champion - SA Classic Powerlifting 2025
Riyaad Mahomed	KZN	M-SJ-U	53	2009		X							315,0	KZN Classic Powerlifting 2026
Judah Penn	G	M-Y-U	53	2014	X								100,0	Gauteng Classic Powerlifting 2026
Bryan Baatjies	WC	M-J-U	59				X						440,0	WC Classic Powerlifting 2026
Jaden Madhav	G	M-J-U	59	2007			X						420,0	Gauteng Classic Powerlifting 2026
Jaden Madhav	G	M-O-U	59	2007				X					420,0	Gauteng Classic Powerlifting 2026
Tankiso Mayaba	G	M-J-U	59	2003			X						387,5	Gauteng Classic Powerlifting 2026
Tankiso Mayaba	G	M-O-U	59	2003				X					387,5	Gauteng Classic Powerlifting 2026
Hao-Cheng (Charlton) Chung	G	M-SJ-U	59			X							380,0	Defending Champion - SA Classic Powerlifting 2025
Bryan Baatjies	WC	M-J-U	59				X						375,0	Defending Champion - SA Classic Powerlifting 2025
Junior Stuurman	WC	M-SJ-U	59			X							335,0	WC Classic Powerlifting 2026
Rehaan Mahomed	KZN	M-SJ-U	59	2009		X							315,0	KZN Classic Powerlifting 2026
Jayden Samson	G	M-SJ-U	59	2009		X							255,0	Gauteng Classic Powerlifting 2026
Joshua Jantjies	WC	M-J-U	66				X						562,5	WC Classic Powerlifting 2026
Joshua Jantjies	WC	M-O-U	66					X					562,5	WC Classic Powerlifting 2026
Geordie Goliath	WC	M-O-U	66					X					560,0	WC Classic Powerlifting 2026
Enrico Johnson	WC	M-M1-U	66						X				540,0	Defending Champion - SA Classic Powerlifting 2025
Nathan Michael-Steyn	WC	M-O-U	66					X					532,5	Defending Champion - SA Classic Powerlifting 2025
Joshua Jantjies	EC	M-J-U	66				X						505,0	Defending Champion - SA Classic Powerlifting 2025
Akhona Ndawonde	KZN	M-J-U	66	2006			X						465,0	KZN Classic Powerlifting 2026
Jaden Madhav	G	M-SJ-U	66			X							435,0	Defending Champion - SA Classic Powerlifting 2025
Aaryan Valjee	KZN	M-SJ-U	66	2008		X							385,0	KZN Classic Powerlifting 2026
Tino Mutanda	G	M-SJ-U	66	2008		X							340,0	Gauteng Classic Powerlifting 2026
Drew Paker	G	M-SJ-U	66	2009		X							335,0	Gauteng Classic Powerlifting 2026
Tomasz Jansen	G	M-SJ-U	66	2010		X							292,5	Gauteng Classic Powerlifting 2026
Botshelo Kau	G	M-SJ-U	66	2008		X							280,0	Gauteng Classic Powerlifting 2026
Thomas Vaughan	G	M-SJ-U	66	2011		X							242,5	Gauteng Classic Powerlifting 2026
Scott Pornss	WC	M-O-U	74					X					672,5	WC Classic Powerlifting 2026
Scott Pornss	WC	M-O-U	74					X					647,5	Defending Champion - SA Classic Powerlifting 2025
Ruben van der Linde	G	M-O-U	74	1998				X					640,0	Gauteng Classic Powerlifting 2026
Ruben Bays	WC	M-O-U	74					X					607,5	WC Classic Powerlifting 2026
Leonardo Gomes	G	M-O-U	74	2000				X					600,0	Gauteng Classic Powerlifting 2026
Nicholas Snyman	G	M-O-U	74	2001				X					595,0	Gauteng Classic Powerlifting 2026
Samuel Teeger	G	M-SJ-U	74			X							577,5	Defending Champion - SA Classic Powerlifting 2025
Masson Joubert	G	M-J-U	74	2003			X						575,0	Gauteng Classic Powerlifting 2026
Masson Joubert	G	M-O-U	74	2003				X					575,0	Gauteng Classic Powerlifting 2026

Classic Powerlifting qualifiers

Shawn-Paul Horn	WC	M-J-U	74				X						565,0	WC Classic Powerlifting 2026
Allistair Begg	WC	M-M1-U	74						X				545,0	Defending Champion - SA Classic Powerlifting 2025
Marcel Vorster	G	M-O-U	74	1994			X						540,0	Gauteng Classic Powerlifting 2026
Reece Livingston	G	M-J-U	74	2004			X						527,5	Gauteng Classic Powerlifting 2026
Reece Livingston	G	M-O-U	74	2004			X						527,5	Gauteng Classic Powerlifting 2026
Rodwin Africa	WC	M-J-U	74				X						525,0	WC Classic Powerlifting 2026
Piers Mason	WC	M-SJ-U	74			X							512,5	WC Classic Powerlifting 2026
Piers Mason	WC	M-J-U	74				X						512,5	WC Classic Powerlifting 2026
Ian Hacker	G	M-M3-U	74							X			507,5	Defending Champion - SA Classic Powerlifting 2025
Esa Mustapha	WC	M-J-U	74				X						505,0	WC Classic Powerlifting 2026
Wihan Van Eeden	LIM	M-J-U	74				X						487,5	Defending Champion - SA Classic Powerlifting 2025
Simamkele Martin	WC	M-O-U	74					X					475,0	WC Classic Powerlifting 2026
Nathan Michael-Steyn	WC	M-O-U	74					X					462,5	WC Classic Powerlifting 2026
Nathan Michael-Steyn	WC	M-M1-U	74						X				462,5	WC Classic Powerlifting 2026
Toufiek Klink	WC	M-SJ-U	74			X							445,0	WC Classic Powerlifting 2026
Yaniv Lacob	G	M-M2-U	74							X			435,0	Defending Champion - SA Classic Powerlifting 2025
Nhlanhla Khumalo	KZN	M-O-U	74	1991				X					435,0	KZN Classic Powerlifting 2026
Ken Chow	G	M-O-U	74	1989				X					435,0	Gauteng Classic Powerlifting 2026
Yaniv Lacob	G	M-O-U	74	1974				X					435,0	Gauteng Classic Powerlifting 2026
Yaniv Lacob	G	M-M2-U	74	1974						X			435,0	Gauteng Classic Powerlifting 2026
Stian Labuschagne	KZN	M-SJ-U	74	2008		X							430,0	KZN Classic Powerlifting 2026
Ikhlaas Raoof	G	M-O-U	74	1994				X					430,0	Gauteng Classic Powerlifting 2026
Aadhir Tuls	KZN	M-J-U	74	2004			X						425,0	KZN Classic Powerlifting 2026
Nils Tania	G	M-O-U	74	1966				X					420,0	Gauteng Classic Powerlifting 2026
Nils Tania	G	M-M3-U	74	1966							X		420,0	Gauteng Classic Powerlifting 2026
Johann Swart	KZN	M-SJ-U	74	2008		X							385,0	KZN Classic Powerlifting 2026
Frank van Greunen	G	M-M2-U	74	1976						X			385,0	Gauteng Classic Powerlifting 2026
Kuaan van Tonder	G	M-SJ-U	74	2010		X							377,5	Gauteng Classic Powerlifting 2026
Bokgoni Moleofe	G	M-SJ-U	74	2009		X							372,5	Gauteng Classic Powerlifting 2026
Sheu Supaio	G	M-J-U	74	2004			X						370,0	Gauteng Classic Powerlifting 2026
Jonathan Ridgard	G	M-SJ-U	74	2008		X							355,0	Gauteng Classic Powerlifting 2026
Menachem Mendel von Zwiklitz	G	M-SJ-U	74	2011		X							345,0	Gauteng Classic Powerlifting 2026
Kamogelo Moeti	G	M-SJ-U	74	2009		X							345,0	Gauteng Classic Powerlifting 2026
Kai Van Den Berg	WC	M-J-U	83	2003			X						657,5	Defending Champion - SA Classic Powerlifting 2025
Chad Govington	G	M-M1-U	83	1985					X				652,5	Defending Champion - SA Classic Powerlifting 2025
Chad Govington	G	M-O-U	83	1985				X					652,5	Defending Champion - SA Classic Powerlifting 2025
Jean-Michael Mldner	G	M-O-U	83	2000				X					652,5	Gauteng Classic Powerlifting 2026
Thembani Ndlovu	G	M-J-U	83	2006			X						650,0	Gauteng Classic Powerlifting 2026
Thembani Ndlovu	G	M-O-U	83	2006				X					650,0	Gauteng Classic Powerlifting 2026
Marlon Daniels	G	M-M2-U	83	1975						X			643,5	Defending Champion - SA Classic Powerlifting 2025
Darius Sangari	G	M-O-U	83					X					632,5	Gauteng Classic Powerlifting 2026
Matthew Palmer	WC	M-J-U	83				X						620,0	WC Classic Powerlifting 2026
Matthew Palmer	WC	M-O-U	83					X					620,0	WC Classic Powerlifting 2026
Christiaan Moller	WC	M-O-U	83					X					590,0	WC Classic Powerlifting 2026
Marlon Daniels	G	M-O-U	83	1975				X					575,0	Gauteng Classic Powerlifting 2026
Marlon Daniels	G	M-M2-U	83	1975						X			575,0	Gauteng Classic Powerlifting 2026
Whanstacwin Booysen	WC	M-O-U	83					X					570,0	WC Classic Powerlifting 2026
Nishalin Govender	G	M-O-U	83	1992				X					565,0	Gauteng Classic Powerlifting 2026
Taai Moodley	G	M-J-U	83	2006			X						562,5	Gauteng Classic Powerlifting 2026
Taai Moodley	G	M-O-U	83	2006				X					562,5	Gauteng Classic Powerlifting 2026
Kamohelo Mopeli	G	M-J-U	83	2005			X						560,0	Gauteng Classic Powerlifting 2026

Classic Powerlifting qualifiers

Kamohelo Mopeli	G	M-O-U	83	2005				X					560,0	Gauteng Classic Powerlifting 2026
Gyan Beecum	KZN	M-J-U	83	2004			X						545,0	KZN Classic Powerlifting 2026
Kananelo Moabi	G	M-O-U	83	2000				X					545,0	Gauteng Classic Powerlifting 2026
Ashish Singh	G	M-J-U	83	2007			X						537,5	Gauteng Classic Powerlifting 2026
Ashish Singh	G	M-O-U	83	2007				X					537,5	Gauteng Classic Powerlifting 2026
Samuel Wingfield	WC	M-J-U	83				X						527,5	WC Classic Powerlifting 2026
Ian Hacker	G	M-O-U	83	1964				X					527,5	Gauteng Classic Powerlifting 2026
Ian Hacker	G	M-M3-U	83	1964							X		527,5	Gauteng Classic Powerlifting 2026
Azriel Shevel	G	M-SJ-U	83	2010		X							522,5	Gauteng Classic Powerlifting 2026
Azriel Shevel	G	M-O-U	83	2010				X					522,5	Gauteng Classic Powerlifting 2026
Thapelo Motlhako	G	M-O-U	83	2001				X					520,0	Gauteng Classic Powerlifting 2026
Schalk Jooste	WC	M-J-U	83				X						517,5	WC Classic Powerlifting 2026
Satvik Nrusimhadevara	G	M-J-U	83	2004			X						517,5	Gauteng Classic Powerlifting 2026
Satvik Nrusimhadevara	G	M-O-U	83	2004				X					517,5	Gauteng Classic Powerlifting 2026
Igsaan Stephens	WC	M-O-U	83					X					505,0	WC Classic Powerlifting 2026
Jody Donough	WC	M-O-U	83					X					500,0	WC Classic Powerlifting 2026
Simon Sishamge	G	M-O-U	83	1991				X					500,0	Gauteng Classic Powerlifting 2026
Levi von Zwiklitz	G	M-SJ-U	83	2008		X							492,5	Gauteng Classic Powerlifting 2026
Levi von Zwiklitz	G	M-O-U	83	2008				X					492,5	Gauteng Classic Powerlifting 2026
Ebrahim Mobara	WC	M-M3-U	83								X		485,0	Defending Champion - SA Classic Powerlifting 2025
Jonathan Wilmans	KZN	M-J-U	83	2005			X						482,5	KZN Classic Powerlifting 2026
Chris Botha	G	M-SJ-U	83	2010		X							482,5	Gauteng Classic Powerlifting 2026
Chris Botha	G	M-O-U	83	2010				X					482,5	Gauteng Classic Powerlifting 2026
Sonu Singh	G	M-J-U	83	2004			X						480,0	Gauteng Classic Powerlifting 2026
Sonu Singh	G	M-O-U	83	2004				X					480,0	Gauteng Classic Powerlifting 2026
Jethrou Singh	KZN	M-J-U	83	2003			X						475,0	KZN Classic Powerlifting 2026
Waldo de Waal	G	M-J-U	83	2005			X						472,5	Gauteng Classic Powerlifting 2026
Waldo de Waal	G	M-O-U	83	2005				X					472,5	Gauteng Classic Powerlifting 2026
Luca Harding	G	M-J-U	83	2003			X						465,0	Gauteng Classic Powerlifting 2026
Ethan Gotthardt	G	M-SJ-U	83	2008		X							457,5	Gauteng Classic Powerlifting 2026
Josh Elias	G	M-J-U	83	2004			X						420,0	Gauteng Classic Powerlifting 2026
Marc Oosthuizen	G	M-J-U	83	2007			X						415,0	Gauteng Classic Powerlifting 2026
Yehuda Kahn	G	M-J-U	83	2007			X						407,5	Gauteng Classic Powerlifting 2026
Dan Oppenheim	G	M-M4-U	83	1945							X		398,0	Defending Champion - SA Classic Powerlifting 2025
Menachem Finkelstein	G	M-SJ-U	83	2009		X							367,5	Gauteng Classic Powerlifting 2026
Gregory Flugel	G	M-M4-U	83	1954							X		325,0	Gauteng Classic Powerlifting 2026
Thandoluhle Adebisi	G	M-SJ-U	83	2011		X							305,0	Gauteng Classic Powerlifting 2026
Andrew Dunn	G	M-M3-U	83	1963							X		285,0	Gauteng Classic Powerlifting 2026
Maahir Martin	WC	M-O-U	93					X					780,0	WC Classic Powerlifting 2026
Gian Havemann	G	M-O-U	93	2000				X					770,0	Gauteng Classic Powerlifting 2026
Nkosinathi Ntuli	G	M-O-U	93	1997				X					690,0	Defending Champion - SA Classic Powerlifting 2025
Jethro Shaw	WC	M-J-U	93	2004			X						685,0	Defending Champion - SA Classic Powerlifting 2025
Bandile Khuzwayo	G	M-O-U	93	1990				X					675,0	Gauteng Classic Powerlifting 2026
Aphiwe Sithole	G	M-O-U	93	2001				X					672,5	Gauteng Classic Powerlifting 2026
Szethyn Fulop	G	M-J-U	93	2007			X						642,5	Gauteng Classic Powerlifting 2026
Szethyn Fulop	G	M-O-U	93	2007				X					642,5	Gauteng Classic Powerlifting 2026
Calum Harding	WC	M-O-U	93					X					640,0	WC Classic Powerlifting 2026
Johnny Dam	G	M-M2-U	93	1969						X			633,0	Defending Champion - SA Classic Powerlifting 2025
Shrihan Ragoo	KZN	M-J-U	93	2004			X						632,5	KZN Classic Powerlifting 2026
Greggory Sean Bernstein	G	M-O-U	93	1995				X					630,0	Gauteng Classic Powerlifting 2026
Archie Ayekpa	G	M-O-U	93	1985				X					625,0	Gauteng Classic Powerlifting 2026

Classic Powerlifting qualifiers

Archie Ayekpa	G	M-M1-U	93	1985					X				625,0	Gauteng Classic Powerlifting 2026
Deon Smedley	G	M-M1-U	93	1984					X				610,0	Defending Champion - SA Classic Powerlifting 2025
Etienne Potgieter	G	M-O-U	93	1986				X					610,0	Gauteng Classic Powerlifting 2026
Etienne Potgieter	G	M-M1-U	93	1986					X				610,0	Gauteng Classic Powerlifting 2026
Christiaan Wiese	G	M-SJ-U	93	2008		X							607,5	Gauteng Classic Powerlifting 2026
Christiaan Wiese	G	M-O-U	93	2008				X					607,5	Gauteng Classic Powerlifting 2026
Damian Jansen	G	M-J-U	93	2007			X						605,0	Gauteng Classic Powerlifting 2026
Oladapo Jaiyeola	G	M-J-U	93	2003			X						605,0	Gauteng Classic Powerlifting 2026
Damian Jansen	G	M-O-U	93	2007				X					605,0	Gauteng Classic Powerlifting 2026
Oladapo Jaiyeola	G	M-O-U	93	2003				X					605,0	Gauteng Classic Powerlifting 2026
Raul Keanu Naidoo	G	M-J-U	93	2003			X						595,0	Gauteng Classic Powerlifting 2026
Raul Keanu Naidoo	G	M-O-U	93	2003				X					595,0	Gauteng Classic Powerlifting 2026
Gerhard Fourie	G	M-O-U	93	1997				X					590,0	Gauteng Classic Powerlifting 2026
Jaydon Wandrag	WC	M-O-U	93					X					585,0	WC Classic Powerlifting 2026
Siyamthanda Tyeku	WC	M-J-U	93				X						582,5	WC Classic Powerlifting 2026
Avishai Ellim	G	M-J-U	93	2004			X						560,0	Gauteng Classic Powerlifting 2026
Franco Tchilingirov	G	M-O-U	93	2002				X					560,0	Gauteng Classic Powerlifting 2026
Avishai Ellim	G	M-O-U	93	2004				X					560,0	Gauteng Classic Powerlifting 2026
Luca Mckay	G	M-J-U	93	2004			X						555,0	Gauteng Classic Powerlifting 2026
Luca Mckay	G	M-O-U	93	2004				X					555,0	Gauteng Classic Powerlifting 2026
Jerry Botha	G	M-O-U	93	1974				X					550,0	Gauteng Classic Powerlifting 2026
Jerry Botha	G	M-M2-U	93	1974						X			550,0	Gauteng Classic Powerlifting 2026
Dean Coleman	KZN	M-M1-U	93	1983					X				530,0	KZN Classic Powerlifting 2026
Cameron Drotsky	G	M-O-U	93	1999				X					527,5	Gauteng Classic Powerlifting 2026
Luke Jacobs	WC	M-J-U	93				X						525,0	WC Classic Powerlifting 2026
Damon McLoughlin	WC	M-O-U	93					X					502,5	WC Classic Powerlifting 2026
Alan Ridgard	G	M-O-U	93	1966				X					500,0	Gauteng Classic Powerlifting 2026
Alan Ridgard	G	M-M3-U	93	1966							X		500,0	Gauteng Classic Powerlifting 2026
Melisizwe Peleowo	G	M-O-U	93	1999				X					495,0	Gauteng Classic Powerlifting 2026
Clayton Hall	WC	M-M1-U	93						X				477,5	WC Classic Powerlifting 2026
Clive Geldenhuys	EC	M-M3-U	93	1962							X		305,0	Defending Champion - SA Classic Powerlifting 2025
Stiaan du Preez	NW	M-O-U	105	2001				X					805,0	Defending Champion - SA Classic Powerlifting 2025
Jaco Jacobsz	G	M-O-U	105	1997				X					802,5	Gauteng Classic Powerlifting 2026
Sean Manders	G	M-O-U	105	1976				X					785,0	Gauteng Classic Powerlifting 2026
Sean Manders	G	M-M2-U	105	1976						X			785,0	Gauteng Classic Powerlifting 2026
Sibusiso Sishi	G	M-O-U	105	1985				X					730,0	Gauteng Classic Powerlifting 2026
Daniel Duke	G	M-O-U	105	2000				X					730,0	Gauteng Classic Powerlifting 2026
Sibusiso Sishi	G	M-M1-U	105	1985					X				730,0	Gauteng Classic Powerlifting 2026
Nkosinathi Ntuli	G	M-O-U	105	1997				X					725,0	Gauteng Classic Powerlifting 2026
Daniel Cotton	WC	M-J-U	105	2004			X						722,5	Defending Champion - SA Classic Powerlifting 2025
Dylan Grove	WC	M-J-U	105				X						692,5	WC Classic Powerlifting 2026
Simbayi Bvumburai	G	M-O-U	105	1994				X					690,0	Gauteng Classic Powerlifting 2026
Chad Ireland	G	M-O-U	105	1999				X					680,0	Gauteng Classic Powerlifting 2026
Armand Visser	G	M-O-U	105	1996				X					632,5	Gauteng Classic Powerlifting 2026
David Nicolay	WC	M-J-U	105				X						630,0	WC Classic Powerlifting 2026
Kiran Kooverjee	KZN	M-O-U	105	1992				X					625,0	KZN Classic Powerlifting 2026
Ryan Sutton	KZN	M-J-U	105	2004			X						620,0	KZN Classic Powerlifting 2026
Ethan Hayes	WC	M-J-U	105				X						617,5	WC Classic Powerlifting 2026
Khotso Thekiso	G	M-O-U	105	1998				X					610,0	Gauteng Classic Powerlifting 2026
Simon Thomas	G	M-O-U	105	2001				X					602,5	Gauteng Classic Powerlifting 2026
Sipho Dhlamini	G	M-O-U	105	1989				X					590,0	Gauteng Classic Powerlifting 2026

Classic Powerlifting qualifiers

Derik Van Wyk	G	M-O-U	105	1986				X					582,5	Gauteng Classic Powerlifting 2026
Derik Van Wyk	G	M-M1-U	105	1986					X				582,5	Gauteng Classic Powerlifting 2026
Siyathuthuka Mkhize	KZN	M-O-U	105	1994				X					580,0	KZN Classic Powerlifting 2026
Jaiah Benson-Turay	WC	M-O-U	105					X					580,0	WC Classic Powerlifting 2026
Matthew Bratby	G	M-J-U	105	2006			X						580,0	Gauteng Classic Powerlifting 2026
Matthew Bratby	G	M-O-U	105	2006				X					580,0	Gauteng Classic Powerlifting 2026
Gaurav Lall	G	M-O-U	105	2000				X					572,5	Gauteng Classic Powerlifting 2026
Jacobus du Toit	G	M-O-U	105	1973				X					565,0	Gauteng Classic Powerlifting 2026
Jacobus du Toit	G	M-M2-U	105	1973						X			565,0	Gauteng Classic Powerlifting 2026
Russell McLaren	WC	M-M1-U	105						X				535,0	WC Classic Powerlifting 2026
Katlego Motswagae	G	M-J-U	105	2004			X						450,0	Gauteng Classic Powerlifting 2026
Denzel Vermeulen	WC	M-M2-U	105							X			435,0	WC Classic Powerlifting 2026
Xander Nel	G	M-J-U	105	2004			X						435,0	Gauteng Classic Powerlifting 2026
Kyle Rosslee	WC	M-SJ-U	105			X							425,0	WC Classic Powerlifting 2026
Andre Ludik	EC	M-M3-U	105	1957							X		372,5	Defending Champion - SA Classic Powerlifting 2025
Patrick Mundell	G	M-M3-U	105	1959							X		310,0	Gauteng Classic Powerlifting 2026
Kemeshan Naicker	G	M-O-U	120	1995				X					762,5	Gauteng Classic Powerlifting 2026
Haroun Pietersen	G	M-O-U	120	1987				X					760,0	Gauteng Classic Powerlifting 2026
Daine Groenewald	G	M-O-U	120	1991				X					732,5	Defending Champion - SA Classic Powerlifting 2025
Melvin Naidoo	G	M-O-U	120	1991				X					717,5	Gauteng Classic Powerlifting 2026
Neal Goosen	G	M-J-U	120				X						710,0	Defending Champion - SA Classic Powerlifting 2025
Keeran Nadas	KZN	M-O-U	120	1995				X					710,0	KZN Classic Powerlifting 2026
Justin Furman	G	M-O-U	120	2001				X					710,0	Gauteng Classic Powerlifting 2026
Newton Mudau	G	M-M1-U	120	1981					X				677,5	Defending Champion - SA Classic Powerlifting 2025
Adam Barnard	WC	M-J-U	120				X						675,0	WC Classic Powerlifting 2026
Azariel Ndoni	G	M-O-U	120	1987				X					675,0	Gauteng Classic Powerlifting 2026
Hermanus de Beer	G	M-M2-U	120	1970						X			667,5	Defending Champion - SA Classic Powerlifting 2025
Mogamat Kader	WC	M-M2-U	120							X			655,0	WC Classic Powerlifting 2026
Troy Deyzel	G	M-J-U	120	2005			X						650,0	Gauteng Classic Powerlifting 2026
Troy Deyzel	G	M-O-U	120	2005				X					650,0	Gauteng Classic Powerlifting 2026
Minolan Naidoo	WC	M-O-U	120					X					640,0	WC Classic Powerlifting 2026
Thean Harding	WC	M-J-U	120				X						632,5	WC Classic Powerlifting 2026
Sean Britz	G	M-J-U	120	2003			X						632,5	Gauteng Classic Powerlifting 2026
Sean Britz	G	M-O-U	120	2003				X					632,5	Gauteng Classic Powerlifting 2026
Nicholas Malan	G	M-J-U	120	2003			X						595,0	Gauteng Classic Powerlifting 2026
Nicholas Malan	G	M-O-U	120	2003				X					595,0	Gauteng Classic Powerlifting 2026
Yusri Ally	G	M-O-U	120	1993				X					570,0	Gauteng Classic Powerlifting 2026
Edlyn Serge	G	M-O-U	120	1984				X					560,0	Gauteng Classic Powerlifting 2026
Edlyn Serge	G	M-M1-U	120	1984					X				560,0	Gauteng Classic Powerlifting 2026
Denis Bensch	G	M-M3-U	120	1965							X		545,0	Defending Champion - SA Classic Powerlifting 2025
Aiden Beeston-Davies	G	M-SJ-U	120	2009		X							400,0	Gauteng Classic Powerlifting 2026
Aiden Beeston-Davies	G	M-SJ-U	120	2009		X							370,0	Defending Champion - SA Classic Powerlifting 2025
Ricardo Carzola	G	M-SOI-U	120	2004			X						280,0	Gauteng Classic Powerlifting 2026
Simon Raw	WC	M-O-U	120+	1994				X					822,5	Defending Champion - SA Classic Powerlifting 2025
Kyle Noonan	G	M-O-U	120+	1990				X					795,0	Gauteng Classic Powerlifting 2026
Simon Raw	WC	M-O-U	120+					X					770,0	WC Classic Powerlifting 2026
Robert Raw	WC	M-O-U	120+					X					730,0	WC Classic Powerlifting 2026
Hermanus de Beer	G	M-O-U	120+	1970				X					665,0	Gauteng Classic Powerlifting 2026
Hermanus de Beer	G	M-M2-U	120+	1970						X			665,0	Gauteng Classic Powerlifting 2026
Cornel Welgemoed	G	M-O-U	120+	1970				X					662,5	Gauteng Classic Powerlifting 2026
Cornel Welgemoed	G	M-M2-U	120+	1970						X			662,5	Gauteng Classic Powerlifting 2026

Classic Powerlifting qualifiers

John Crain	G	M-M2-U	120+	1969					X			650,5	Defending Champion - SA Classic Powerlifting 2025
Adam Stein	G	M-O-U	120+	1987				X				585,0	Gauteng Classic Powerlifting 2026
Denis Bensch	G	M-O-U	120+	1965				X				570,0	Gauteng Classic Powerlifting 2026
Shaeel Singh	G	M-O-U	120+	1978				X				570,0	Gauteng Classic Powerlifting 2026
Shaeel Singh	G	M-M1-U	120+	1978					X			570,0	Gauteng Classic Powerlifting 2026
Denis Bensch	G	M-M3-U	120+	1965						X		570,0	Gauteng Classic Powerlifting 2026
Johan Prinsloo	G	M-O-U	120+	1991				X				560,0	Gauteng Classic Powerlifting 2026
Jordan Fine	G	M-SJ-U	120+	2008		X						497,5	Gauteng Classic Powerlifting 2026
Jordan Fine	G	M-SJ-U	120+	2008		X						437,5	Defending Champion - SA Classic Powerlifting 2025
Mike Cooper	WC	M-M4-U	120+							X		250,0	WC Classic Powerlifting 2026